



BABIES & TODDLERS

From birth to pre-school



Newsletter #3

We hope you enjoyed the Easter story told by Revd Steve, ably assisted by his son, James. Well done, and many thanks for your hard work!

At this difficult time, young children must be very confused, wondering why they cannot go out, or have visits from grandparents.

Changes to the normal routine is always upsetting and this must be especially so when grandparents usually provide childcare. This topic was discussed on Radio 4's Woman's Hour on Monday 6th April (podcast is available on BBC Sounds if you missed it) when a clinical psychologist gave some helpful explanations and advice for maintaining contact during lockdown.

IDEAS FOR STAYING IN TOUCH

1) Keep it simple

Remember that young children have short attention spans, and limited vocabularies, and therefore will be unable to take part in a long conversation on the phone, Facetime, etc. But maintaining that contact is very important so why not sing a nursery rhyme together, or read them a story book.

2) Send a letter

Children love receiving letters through the post. Send a short note or a card, add some photos of yourself, a drawing for them to colour or some colourful magazine pictures to glue onto a large sheet of paper. Perhaps they'd like to send a drawing to you, and would certainly enjoy learning about stamps and envelopes, followed by the walk to the post box. Older children like doing quizzes set by grandparents – this has become a popular activity for long-distance contact.

3) The Gruffalo and other stories

Julia Donaldson has written some special short stories to help explain these strange times. The Gruffalo shows how to manage social distancing and the Stickman explains self-isolation. These were published in The Guardian on Saturday 4th April and there is a short article on BBC News/Entertainment & Arts website.

ACTIVITIES

1. Read together

Some of you will have seen the activity sheets from the "[Baptism Resources](#)" website – we had the "Paddington", "Dear Zoo", "We're Going on a Bear Hunt", etc. pages available at playgroup. There's now a new one to help children who are feeling anxious – "I'm Not Scared" which is available to download [here](#).

The book for this month is "The Very Hungry Caterpillar" and is linked to the Easter Story.

2. Colouring

This week Wendy has drawn some lovely pictures for you to colour on the next page!



DON'T FORGET TO KEEP AN EYE ON OUR FACEBOOK PAGE AND LOOK OUT FOR THE BABIES & TODDLER'S NOTICEBOARD ON OUR NEW COMMUNITY GROUPS PAGE AVAILABLE THROUGH OUR WEBSITE www.pershoreabbey.org.uk

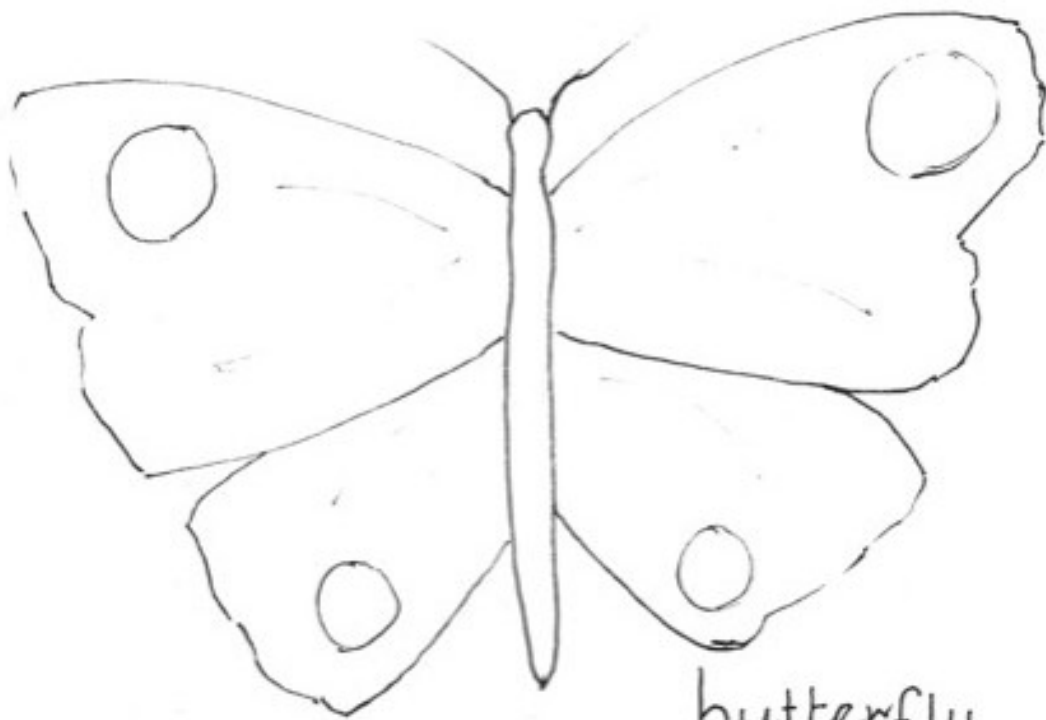


Stay safe and healthy and have a **VERY HAPPY EASTER!**

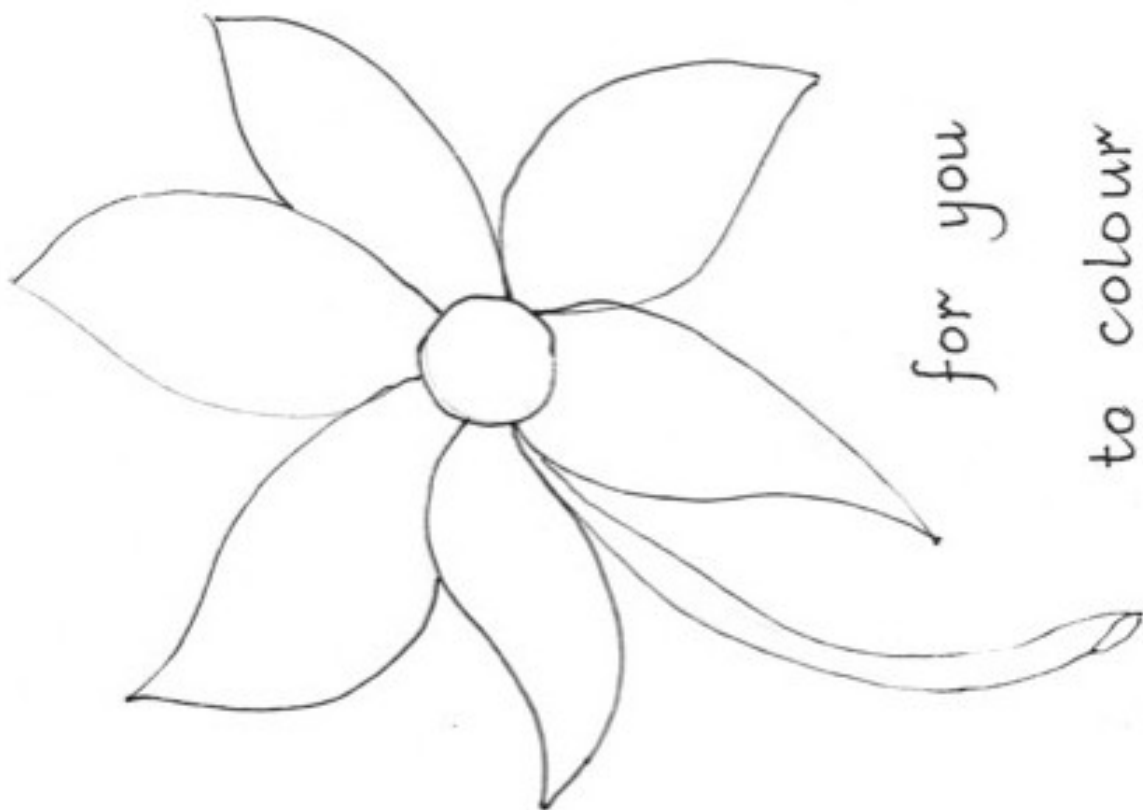
Best wishes from Sara and Wendy

Contact Sara on 01386 710776 for more information





butterfly



for you
to colour