



BABIES & TODDLERS

From birth to pre-school



Newsletter #6

What a pity the days have been so wet but I expect you've had fun in your wellies, jumping and splashing in puddles!

This week's craft activity is something you can do indoors.

HOW TO MAKE A "FEELY BOOK"

You will need: a strip of card, approximately 15 cms x 90 cms (or you could use a shorter length, sticking items on both sides).

Fold the card, concertina style, to make equal sized panels.

Write the title and your child's name on the first panel, e.g. Tom's Feely Book

Search the house for objects that have different textures:

Soft – cotton wool ball

Hard – plastic lid (large enough not to be a choking hazard)

Smooth – piece of silky material

Rough – sandpaper/ emery board, or small scouring pad

"Shiny" – a piece of foil paper (OK, not a texture but you'll have some in the kitchen!)

Furry – fur from an old soft toy or hat

"Spongey" – piece of foam or washing up sponge

Using PVA glue, or double sided sellotape, let your child stick one object in each panel. Repeat the words as they touch the different objects.

If you made the collecting box (see Week 4's newsletter), you could use that to find more "soft" or "hard" things, etc.

Here is an activity for when the weather improves – definitely messy and for outdoors!

GOOP

You will need: 2 packets of cornflour (don't think the shops have sold out of that!), 2 cups of water, food colouring, plastic cloth or newspaper to cover the table, large bowl or storage container, aprons (and a bowl of soapy water for hand washing when finished)

1. Adult mixes the water and colouring into the cornflour. The goop should have a thick consistency; add extra water if necessary. It will look rather like thin slime!!

2. Put on aprons. Plunge hands into the goop and feel the consistency. Use words to describe the feeling: sticky, slimy, cool, etc.

3. Enjoy exploring the goop; it runs through the fingers, swirls slowly and has a pleasant, heavy feeling. Patterns can be made in the air or on the table. It's a very absorbing activity – they play for hours! Older children enjoy goop, too.

4. The goop can be covered with cling film and saved for a day or two, for re-use.

5. To clean up, the goop can be wiped off the table and is easily washed off hands. Always wear aprons because it's not so easy to remove from clothes. **DO NOT** pour the goop down the sink – it tends to block the drain. Just let it dry, uncovered, in the bowl and when solid, break up into pieces and dispose of in the bin.

Why not take photos of any crafts or cooking that you do and upload to our Facebook page? We'd love to see what you've made!

Don't forget to check out the website for more stories from Revd Steve!



HAVE FUN!

Best wishes from Sara and Wendy

Contact Sara on 01386 710776 for more information