

Hello everyone!



BABIES & TODDLERS

From birth to pre-school



Newsletter #8

We do hope you are enjoying the extra freedom to go out more and meet up with a few friends or family – it does make life easier. As the shops get ready to reopen, at the Abbey we're busy making preparations for opening the building for individual private prayer (see website for details).

PEBBLES

Wendy has been busy tidying her garage and has found a large supply of big pebbles, probably collected by her grandchildren during various beach holidays! They have been washed and, having seen some wonderfully decorated stones when out and about on her walks, she thinks they would be just right for painting. Any families wishing to make use of the stones will find them in a container on her driveway, between 10 am and 2pm daily. Wendy lives at the first bungalow, "Omega", on the left as you turn into Holloway from Three Springs Road.

Have fun! This made us think of some other painting ideas . . .

HAND AND FOOT PRINTS

Use bought finger paint or liquid paint, or make your own:

You will need: 3 parts water (3 cups), 1 part cornflour (1 cup), Colouring

(Adult) bring water to boil in a saucepan. Remove from heat. Dissolve cornflour in a little cold water and add to hot water, stirring constantly. Boil until clear and thick (about 1 minute). Add colouring. This mixture will be very smooth. Add a tablespoon of glycerine to make it glossy (optional).

Children should wear overalls, aprons or old clothes.

Place the paint in shallow trays and have several pieces of paper ready. Ask them to spread out fingers, dip hands in the paint and then press down firmly on the paper.

When you have some good prints, replace the paper and let them play around with the paint, making swirling patterns or dotting with their fingertips.

For footprints, you will need a long piece of paper (offcuts of wallpaper are ideal).

Lay paper on grass or a smooth path. Weigh down its edges with stones or other heavy objects. Use an old baking dish and cover the bottom with a layer of paint. Place the baking dish at one end of the paper and a bowl of soapy water at the other end. Place bare feet in the paint, then walk along the paper – adult will probably need to hold the child's hand. At the other end, step in bowl of water and clean feet. Dry with towel. You could change the colour of paint and repeat!

FATHER'S DAY CARD

When the hand and foot prints are dry, carefully cut around the shapes.

These can be arranged and stuck on to a piece of folded card to make a lovely card, ready for Father's Day for Sunday 21st June.

MURAL PAINTING

Another outside activity!

Attach a long piece of paper (e.g. wallpaper offcut), using pegs or masking tape, to a fence or a length of thick string stretched between 2 poles. The top will need to be at approximately the child's head height. Provide paints, brushes or sponge rollers. This is a fun activity for children to do with one or more friends or siblings. You could try spray painting murals – fill plastic spray bottles (available from gardening sections at shops) with thin paint. Use red, yellow and blue paints. Let the child squirt the paint onto the paper. Colours will mix and overlap, creating new colours and patterns.

Why not take photos of any crafts or cooking that you do and upload to our Facebook page? We'd love to see what you've made!

Don't forget to check out the website for more stories from Revd Steve and let's hope the weather improves ready for these activities!



Best wishes from Sara and Wendy

Contact Sara on 01386 710776 for more information



● MY VERY OWN MASTERPIECE ●